

## Gladewater ISD SHAC

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Date: 1-12-2022

Time: 4:15 p.m.

Location: WES Cafeteria

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### Meeting Goals/ Purposes/ Objectives:

- A. Texas Health Steps Presentation
- B. Esteem Presentation/ New Health TEKS
- C. Employee Wellness

### Pre-work- Please prepare the following prior to the meeting:

- Review agenda and send any ideas you would like added to the agenda to Jennifer Williams at [williamsj@gladewaterisd.com](mailto:williamsj@gladewaterisd.com) by 1-10-22

Time	Agenda	Topic Lead	Minutes
	Welcome & Introductions	J. Williams	4:15 p.m. Members present: Katie Smith, Jennifer Williams, Cindy Helms, Danielle Budro, Kamisha Floyd, Trish Jones

	Texas Health Steps presentation	Yvonne Vaughan	<ul style="list-style-type: none"> <li>• Texas STAR Medicaid program</li> <li>• This includes a health plan for kids</li> <li>• Advocate to the parent if any issues arise</li> <li>• Child with health issue or disability can qualify</li> <li>• Thorough screening process and take care of the whole family and not just the child</li> <li>• Includes dental coverage, transportation, and many other health services</li> <li>• Case management services</li> <li>• Personal service coordinator</li> <li>• Certain plans can give you discounts to over the counter health products, Boys and Girls' Club</li> <li>• 24 hour nurse helpline</li> </ul>
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	Health TEKS/ Esteem	Tonya Waite	<ul style="list-style-type: none"> <li>• HB2515</li> <li>• Program follows with new health TEKS</li> <li>• Program includes lessons on human development, substance abuse, communication skills, cyberbullying, social/emotional skills</li> <li>• Would need SHAC approval before presenting to the school board.</li> <li>• Service learning project: \$450 grant for each grade level, students choose project for school or community</li> <li>• Parent permission forms have to be turned in 14 days before program implementation</li> </ul>
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	Employee Quiet Time/Wellness areas	Cindy Helms/Jennifer Williams	<p>Lots of positive feedback from campuses</p> <p>Discuss with campus principals to implement and find the space for the “Quiet Area”</p> <p>Each month have materials for various health and mental health needs</p>
	<p>What’s been happening at GISD? Goodside Health, BD Veritor COVID testing, Staff Crunch Yoga class, another Yoga class planned, 1,000 Strong Challenge, Employee BP/wellness station supplies, water bottle fundraiser cost too high, Mammogram Bus back January 26, 2022, Goodside Mental Health coming soon.</p>	Jennifer Williams	<p>-Goodside Health open to students and staff for flu, strep, and COVID tests</p> <p>-Staff yoga class was last month</p> <p>-Amy Johnson has offered to do another yoga class</p> <p>-Now have body scanners, BP monitor, scales, pulse oximeters for staff.</p> <p>-Water bottle fundraiser-water bottle prices are too high</p> <p>-JO williams is working on a donation to our committee</p> <p>-Mental Health being integrated in the spring via Goodside Health</p>
	Meeting adjourned		5:24 p.m.

Follow up:

- Discuss with campus principals to implement and find the space for the “Quiet Area”
- JO Williams donation
- Esteem curriculum board approval?