## Gladewater ISD SHAC

Date: 5-11-22 Time: 4:15pm Location: WES Cafeteria

Meeting Goals/ Purposes/ Objectives:

A. Community Healthcore presentation

- B. Updates/Recent events
- C. Plans/Ideas for next year

Pre-work- Please prepare the following prior to the meeting:

Time	Agenda	Topic Lead	Minutes
4:15-4:30	Community Healthcore Presentation	Natalie Freeman	In attendance: Jennifer Williams, Natalie Freeman, Kim Chatman, Jovita Hunter, Cindy Helms. Drug prevention programs for youth, working to inform more schools, drug trend info to parents and educators, According to DEA there is an increase in marijuana potency, THC used to be 2-3% and now 28% in natural marijuana, products that go in vapes with solvent chemicals and distill it down to 98%, 7x increase of suicide and other mental health disorders, vaping so prevalent and kids are uninformed about the dangers because it has been normalized,

increase in Fentanyl, leading cause of death in US right now, it's so deadly it's killing kids the first time they use/take a pill, goal is ways to better educate kids and prevent this from happening. Program called "Too Good For Drugs", 4th grade-HS, start out with how to make good decisions/consequen ces, peer pressure. media influence, etc. Community Healthcore has a few spots left for the fall, it's not mandated now to implement social/emotional learning programs but expected to be in the future, lessons are interactive and kids love the games, Natalie has worked with kids at DAEP as well discussing goals and how to correct behavior, creates a space for kids to ask questions, this program is free through a grant program, 4th-8th are separated and then all HS are in a class together, 10 sessions, they do a pre survey and a post survey, lessons are about 45 minutes, scheduling is flexible, weekly classes are the norm, Free training on May 25

			then teachers can teach it themselves,
4:30-4:34	Updates/Recent Events	J. Williams	Esteem, Goodside Health Sports Physicals, JO Williams Donation
4:34-4:37	Narcan	J.Williams	Consider getting it at the highschool next year?
4:37 meeting adjourned	Plans/Ideas for next year		Jovita Hunter (parent and SHAC member present said, "Goodside Health is amazing because I could do a visit at the school".