

GISD Wellness Assessment Tool 2019-2020

SHAC

The respondent's email address (**byersr@gladewaterisd.com**) was recorded on submission of this form.

District Name *

Gladewater ISD

School Name *

Gladewater

Policy Reviewer *

Renee L. Byers

Date *

MM DD YYYY

11 / 20 / 2019

Select all grades:

All grades PK-12

Elementary School

Middle School

High Shool

Check all that apply



We encourage the following to participate in the development, implementation, and evaluation of our wellness policy: *

	Yes	No
Administrators	<input checked="" type="radio"/>	<input type="radio"/>
School Board Members	<input checked="" type="radio"/>	<input type="radio"/>
Parents	<input checked="" type="radio"/>	<input type="radio"/>
School Food Service Staff	<input checked="" type="radio"/>	<input type="radio"/>
School Health Professionals	<input checked="" type="radio"/>	<input type="radio"/>
P.E. Teachers	<input checked="" type="radio"/>	<input type="radio"/>
Students	<input checked="" type="radio"/>	<input type="radio"/>
Public	<input checked="" type="radio"/>	<input type="radio"/>

Person in charge of compliance:

Dr. Cliff Lightfoot

How is the policy made available to the public?

Posted on Website

Our district completes triennial reviews of the wellness policy.

Yes

No

II. Nutrition Education

Our district's written wellness policy includes measurable goals for nutrition education

Yes

No

We offer nutrition education to students in: Elementary School, Middle School, and High School

Yes

No

III. Nutrition Promotion

We promote healthy eating and nutrition education with signage, use of creative menus, posters, bulletin boards, etc.

Yes

No

We have reviewed Smarter Lunchroom techniques and evaluated our ability to implement some of them.

Yes

No

We place fruits and vegetables where they are easy to access (e.g. near the cafeteria cashier or near the front of the line).

Yes

No

We ensure students have access to hand-washing facilities prior to meals.

Yes

No

We annually evaluate how to market and promote our school meal program(s).

Yes

No

We offer taste testing or menu planning opportunities to our students.

Yes

No

We only advertise and promote nutritious foods and beverages on school grounds (e.g. buildings, playing fields, etc).

Yes

No

We have nutritional standards for foods/beverages served at school parties, celebrations, events, etc.

Yes

No

IV. Nutrition Guidelines

Our district's written wellness policy addresses nutrition standards for USDA reimbursable meals

Yes

No

We operate the School Breakfast Program

Check One

Before School

In the Classroom

Grab & Go

We follow all nutrition regulations for the National School Lunch Program (NSLP).

Yes

No

We have a Certified Food Handler as our Food Service Manager.

Yes

No

We have adopted and implemented Smart Snacks nutrition standards for ALL items sold during school hours, including:

Check all that apply

as à La Carte Offerings



in School Stores



in Vending Machines



as Fundraisers



Physical Activity

Our district's written wellness policy includes measurable goals for physical activity.

Yes

No

We provide physical education for elementary students on a weekly basis.

Yes

No

We provide physical education for middle school during a term or semester.

Yes

No

We provide recess for elementary students on a daily basis.

Yes

No

We provide opportunities for physical activity integrated throughout the day.

Yes

No

We discourage staff and teachers from keeping kids in from recess for punitive reasons.

Yes

No

Teachers are allowed to offer physical activity as a reward for students.

Yes

No

We offer before or after school physical activity:

Check all that apply

Competitive sports



Non-competitive sports



Other clubs



V. Additional Info

Indicate any additional wellness practices and/or future goals used to establish a school environment that promotes students' health, well-being, and ability to learn. Describe progress made in attaining these goals.

Additional Information

VI. Contact Information

For more information about this school's wellness policy/practices, or ways to get involved, contact the Wellness Committee Coordinator.

Name / Title *

Renee L. Byers / Coordinator of Curriculum

Email / Phone *

byersr@gladewaterisd.com / (903) 845-5591

This form was created inside of Gladewater ISD.

Google Forms