

GISD Wellness Assessment Tool

SHAC

The respondent's email (**williamsj@gladewaterisd.com**) was recorded on submission of this form.

District Name

Gladewater ISD

Policy Reviewer

Jennifer Williams

Date

MM DD YYYY

03 / 22 / 2022

School Year

2021-2022

Grade level

- ☒ All grades PK-12
- ☐ Elementary School
- ☐ Middle School
- ☐ Highschool

We encourage the following to participate in the development, implementation, and evaluation of our wellness policy:

- ☐ Administrators
- ☐ School Board Members
- ☐ Parents
- ☐ School Food Service Staff
- ☐ School Health Professionals
- ☐ P.E. Teachers
- ☐ Students
- ☐ Public
- ☒ All of the above

Person in charge of compliance

Kim Chatman

How is the policy made available to the public?

GISD website

Our district completes triennial reviews of the wellness policy.

☒ Yes

☐ No

Our district's written wellness policy includes measurable goals for nutrition education.

☒ Yes

☐ No

We offer nutrition education to students in: Elementary School, Middle School, and High School.

☒ Yes

☐ No

We promote healthy eating and nutrition education with signage, use creative menus, posters, bulletin boards, etc.

☒ Yes

☐ No

We have reviewed Smarter Lunchroom techniques and evaluated our ability to implement some of them.

☒ Yes

☐ No

We place fruits and vegetables where they are easy to access (e.g. near the cafeteria cashier or near the front of the line).

☒ Yes

☐ No

We ensure students have access to hand-washing facilities prior to meals.

☒ Yes

☐ No

We annually evaluate how to market and promote our school meal program(s).

☐ Yes

☒ No

We offer taste testing or menu planning opportunities for our students.

☒ Yes

☐ No

We only advertise and promote nutritious foods and beverages on school grounds (e.g. buildings, playing fields, etc.)

☐ Yes

☒ No

We have nutritional standards for foods/beverages served at school parties, celebrations, events, etc.

☐ Yes

☒ No

Our district's written wellness policy addresses nutrition standards for USDA reimbursable meals.

☒ Yes

☐ No

We operate the School Breakfast Program.

☒ Before School

☐ In the classroom

☐ Grab and go

We follow all nutrition regulations for the National School Lunch Program.

☒ Yes

☐ No

We have a Certified Food Handler as our Food Service Manager.

☒ Yes

☐ No

We have adopted and implemented Smart Snacks nutrition standards for ALL items sold during school hours.

- ☒ As a la carte offerings
- ☐ In school stores
- ☐ In vending machines
- ☐ As fundraisers

Our district's written wellness policy includes measurable goals for physical activity.

- ☒ Yes
- ☐ No

We provide physical education for elementary students on a weekly basis.

- ☒ Yes
- ☐ No

We provide physical education for middle school during a term or semester.

- ☒ Yes
- ☐ No

We provide recess for elementary students on a daily basis.

☒ Yes

☐ No

We provide opportunities for physical activity integrated throughout the day.

☒ Yes

☐ No

We discourage staff and teachers from keeping kids in from recess for punitive reasons.

☒ Yes

☐ No

Teachers are allowed to offer physical activity as a reward for students.

☒ Yes

☐ No

We offer before or after school physical activity.

- ☒ Competitive sports
- ☐ Non-competitive sports
- ☐ Other clubs

Indicate any additional wellness practices and/or future goals used to establish a school environment that promotes students' health, well-being, and ability to learn. Describe progress made in attaining these goals.

For more information about this school's wellness policy/practices, or ways to get involved, contact the Wellness Committee Coordinator.

Jennifer Williams, District RN

This form was created inside of Gladewater ISD.

Google Forms