

Gladewater Middle School

CYCLE WEEK 1				
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Breakfast Taco OR Cereal/Toast Fruit 100% Fruit Juice Milk	French Toast OR Cereal/Goldfish Fruit 100% Fruit Juice Milk	Breakfast Pizza OR Cereal/ Cheese Stick Fruit 100% Fruit Juice Milk	Pancake on a Stick OR Cereal/Jungle Crackers Fruit 100% Fruit Juice Milk	Biscuit Sausage Patty OR Cereal/Graham Cracker Fruit 100% Fruit Juice Milk
CYCLE WEEK 2				
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Waffle OR Cereal/Toast Fruit 100% Fruit Juice Milk	Breakfast on a Bun OR Cereal/Cheezits Fruit 100% Fruit Juice Milk	Pop Tart OR Cereal/ Cheese Stick Fruit 100% Fruit Juice Milk	Pancakes OR Cereal/Bug Bites Fruit 100% Fruit Juice Milk	Breakfast Yogurt Cereal Bar OR Cereal/Graham Cracker Fruit 100% Fruit Juice Milk
CYCLE WEEK 3				
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Breakfast Taco OR Cereal/Toast Fruit 100% Fruit Juice Milk	French Toast OR Cereal/Gold Fish Fruit 100% Fruit Juice Milk	Breakfast Pizza OR Cereal/ Cheese Stick Fruit 100% Fruit Juice Milk	Cinnamon Bun OR Cereal/Jungle Crackers Fruit 100% Fruit Juice Milk	Biscuit Sausage Patty OR Cereal/Graham Cracker Fruit 100% Fruit Juice Milk
CYCLE WEEK 4				
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Muffin OR Cereal/Bug Bites Fruit 100% Fruit Juice Milk	Breakfast on a Bun OR Cereal/Cheezits Fruit 100% Fruit Juice Milk	PopTart OR Cereal/ Cheese Stick Fruit 100% Fruit Juice Milk	Donut OR Cereal/Toast Fruit 100% Fruit Juice Milk	Breakfast Yogurt Cereal Bar OR Cereal/Graham Cracker Fruit 100% Fruit Juice Milk

MENU SUBJECT TO CHANGE DUE TO UNCERTAIN VENDOR DELIVERIES
 VARIETY OF MILK OFFERED DAILY

Breakfast is free to students.
 Adult Breakfast \$2.25

"This institution is an equal opportunity provider."